



PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA
A Registered Charity (Charity Commission No 278742) www.rcdea.org.uk



ST MARK

WITH HOLY FAMILY BRANTHAM

St Mark's Parish House, T 01473 684963
180 Hawthorn Drive, E luke.goymour@rcdea.org.uk
Ipswich, Suffolk W stmarksparish.org.uk
IP2 0QQ

The parish of St Mark includes St Mark's church in Ipswich and the church of the Holy Family in Brantham (CO11 1TB)

Parish Priest:
Fr Luke Goymour

Parish School:
St Mark's School
Headteacher:
Dr Michael Keller

Parish Secretary:
Mrs Pat West available
Tuesday 11 am – 1 pm
office@stmarksparish.org.uk

Parish Safeguarding Rep:
Mrs Joanna McCall
psr@stmarksparish.org.uk

Eucharistic Adoration:

St Mark's
Friday 11:40 – 12:10

Holy Family
Tuesday 9:20 – 9:50

Prayer Group:
Mondays 7:00 – 8:30pm
Praise, Worship
scripture & reflection

Confession
St Mark: 5pm Saturday
and by appointment

Children's Liturgy:
11 am 1st, 3rd and 5th
Sundays of each month



ST MARY MAGDALEN

The Presbytery, T 01473 741975
468 Norwich Road, M 07414 735102 (txt only)
Ipswich, Suffolk W marymagdalens.org
IP1 6JS [@marymagdalens](https://www.facebook.com/marymagdalens)

E parishpriest@marymagdalens.org safeguarding@marymagdalens.org

Parish administrator:
Fr Luke Goymour

Assistant Priest:
Fr Paul Chanh
E paulchanh@gmail.com

Confession:
5:30pm Saturday
and by appointment

Parish School:
St Pancras Catholic Primary
Stratford Road
Ipswich
IP1 6EF
T 01473 742074

Headteacher:
Mrs Lucille Martin

Safeguarding
safeguarding@marymagdalens.org

Confession:
5:30pm Saturday
and by appointment

Eucharistic Adoration:
Fridays after 10:00 Mass
Exposition, a Chaplet of
Divine Mercy and
Benediction

Offerings:
Please consider setting up
a standing order in favour
of the parish instead of a
weekly cash offering. If
you can Gift Aid your
donation, please complete
a form which you can find
in the church [porch].

Bank:
Account name: St Mary
Magdalen Roman
Catholic Parish
Sort Code: 20-44-51
A/c Number: 70777323

Catholic Lay Chaplain to the Ipswich Hospital: Mrs Rachael Tearle, if you or a family member requires a visit, sacraments and support whilst in hospital please notify her by email: hospitalchaplain@stmarksparish.org.uk

Sunday 18th August 2024.

News for St Mark's Catholic Parish

Responsorial Psalm – Taste and see that the Lord is good		
20 th Week in Ordinary Time – Year B		
MASS & PRAYER TIMES:		
SATURDAY 17/8/24	17:30 St Mark's Vigil Mass Offered For: The People of the Parish	20th Sunday in Ordinary Time
SUNDAY 18/8/24	09:00 Holy Family Offered For: Mon. Tony Philpot RIP 11:00 St Mark's Offered For: Patrick Murphy RIP	20th Sunday in Ordinary Time
TUESDAY 20/8/24	10:00 Holy Family Offered For: Grace O'Connor RIP	St. Bernard
WEDNESDAY 21/8/24	NO MASS TODAY	
THURSDAY 22/8/24	NO MASS at St. Mark's 10:00 at St. Mary Magdalens	The Queenship of the BV. Mary
FRIDAY 23/8/24	12:15 pm St. Mark's Offered For: Fr. Bineesh	Feria
SATURDAY 24/8/24	17:30 St Mark's Vigil Mass Offered For: Howard Beeho RIP	21st Sunday in Ordinary Time
SUNDAY 25/8/24	09:00 Holy Family Offered For: Grace O'Connor RIP 11:00 St Mark's Offered For: The People of the Parish	21st Sunday in Ordinary Time

Sunday Homilies

can be listened to again at:
<https://anchor.fm/fr-luke-goymour> And on all major
Podcast platforms just
search:

Fr Luke's Homilies

For Security Reasons the number for the key safe to enter the Presbytery has been changed. If you need to enter the building, this way, please email the Parish office for the new code.

Anyone who is given the code and any keyholders should note that they should only use them to enter the Church Premises during normal business hours (9-5pm) unless there is an emergency or prior arrangements have been made with Fr. Luke

Please remember that the Presbytery is Father Luke's Home.

Homilies: This weekend We continue with our fourth installment on our preaching series on Johns Gospel and the Eucharist. Homilies can be listened to from Sunday Evening by going to "Fr Luke's Homilies" on our webpage if you wish to catch up or listen to the latest installment.

FIND - thanks us for our generosity. They are in need of Fresh Fruit & Vegetables. Mug Shots, Cereals. Long Grain Rice, Jam & Pasta Sauce. **The donation box is still under table at the back of St Marks.**

Please collect used postage stamps for our local Hospice - ALL YEAR, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice. Please cut around the stamp leaving just a small border.

100 CLUB – Raises funds for the Parish and holds a monthly prize draw. For more information visit the parish website by simply scanning the QR code alongside. Pick up a leaflet at the back of the church. Email mgforsyth@outlook.com or call on 01206 399049. If you are existing member please remember to let Graeme know if you change your address



ALPHA COURSE – The next course starts on 23rd October at 7.30 at St. Marks. There is also a lunchtime session at 12.30 at St. Mary Magdalens. There is a sign-up sheet at the back of the Church or on ChurchSuite

Tea & Coffee – after Mass every Sunday at both Holy Family and St. Mark's. Everyone is welcome.

ChurchSuite: ChurchSuite is our Parish database and administration tool. If you are not on it please email the office for a link.

Spiritual Pilgrim Cards for Medjugorje. - There are cards at the back of both churches, St Mark's and Holy Family. We leave on the 19th September, and if you want to join us in Spirit and would like us to take your intentions with us, please complete a card and leave it in the box or give it to one of the pilgrims. We keep the cards with us at all times carrying them to all religious outings before leaving them with the Visionaries. If you have any questions please contact me on chrismceweneb@gmail.com.

The Medjugorje Apostolate Annual Pilgrimage to Walsingham - will take place on Bank Holiday Monday 26th August 2024. This year again we have the great privilege of having Fr Zvonimir Pavičić OFM, the parish priest of St James, Medjugorje to lead the pilgrimage.

Parish Website: Check out our new look parish website: stmarksparish.org.uk It's still under construction so bear with us. Thanks to Mr Ian Tearle for developing the site.

Icon of St Mark: An Icon of St Mark, has been purchased with money donated by Gloria and Julian Wong in memory of Shelia Curry. The Coptic style icon is a limited edition print from the workshop of the top Coptic Iconographer in the UK. It can be seen in the right if sanctuary as you face the altar. The Icon is described thus "St Mark's gospel journey took him famously to Egypt where his preaching paved the way for Christian belief and eventually the forming of the Coptic Orthodox Church. In Coptic icons this journey is usually suggested by a ship on a sea and the lighthouse of Alexandria in the background. He is shown with a red himation to reference his brutal martyrdom and always holds a gospel book. In most icons there will usually be a reference to a lion or lion-headed cherubim which, in early patristic writing, links him to one of the 4 cherubim seen by Ezekiel and by St John in the book of Revelation. These 4 cherubim are likened in early homilies to the 4 gospel writers and are therefore paired with them in Orthodox iconography."


News for St Mary Magdalen Catholic Parish

Twentieth Sunday in Ordinary Time 18th August 2024: Sunday Readings: Liturgical Year B. Services during the coming week – Twentieth Week of the Year, Year II


Saturday 17 th August	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the 20 th Sunday in Ordinary Time, offered for the people of the parish. Reader: I Suttle, Offertory: Hennon Family
	8:00 am	Holy Mass offered for all members of the Vieira Family, living and dead. Reader: C Moore
Sunday 18 th August		Offertory: Moore Family, Eucharistic Minister: E Cleary.
	10:00 am	Holy Mass. Reader: N Fox, Offertory: Pakes Family Eucharistic Minister: J Poll
<i>Please join us in the Garden Room after 10:00 Mass for tea and coffee, prepared and served by Val & Nigel</i>		
Monday 19 th August	Feria	No Mass Today
Tuesday 20 th August	St Bernard	No Mass Today
Wednesday 21 st August	St Pius X	No Mass Today
Thursday 22 nd August	The Queenship of the Blessed Virgin Mary	10:00 am Holy Mass offered for the repose of the soul of Porfirio Magnaye RIP
Friday 23 rd August	Feria	No Mass Today
Saturday 24 th August	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the 21 st Sunday in Ordinary Time, offered for the Allegro Family. Reader: R Cork, Offertory: Cork Family
	8:00 am	Holy Mass offered for the people of the parish. Reader: A Smith, Eucharistic Minister: C Moore.
Sunday 25 th August	10:00 am	Holy Mass offered for the repose of the souls of Adolf & Mildred von Fragstein. Reader: A James, Offertory: Fox Family Eucharistic Minister: M Long

Today's Gospel: Today's Gospel elaborates further on the teaching that Jesus began in our liturgy last week. In this Gospel, some have difficulty with Jesus' teaching that he is the living bread sent from God. Recall that Jesus had told them that just as God gave the Israelites manna to sustain them in the desert, so now God has sent new manna that will give eternal life. We hear the concluding verse of last week's Gospel repeated in today's reading: Jesus himself is the bread sent by God; Jesus' flesh is the bread that is given for the life of the world. Among the stumbling blocks for

those who heard but did not understand Jesus is the teaching that the bread that Jesus will give is his own flesh. In response to the people who quarrelled over his words, Jesus teaches with even greater emphasis that salvation comes to those who eat his Body and Blood. Jesus doesn't seem to answer the question posed about how salvation will come about, perhaps because this reality can only be understood after his death and Resurrection. Instead, Jesus teaches about the life that he will give to the world. To many ears, Jesus' words are jarring and difficult to hear. Many who heard Jesus could not accept what he said. Many today continue to struggle to accept these words. But they are important words because they reveal our intimate connection with Jesus. This is the mystery that is at the heart of our eucharistic theology. In the elements of bread and wine, Jesus' Body and Blood are made truly present. When we share in the Body and Blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ's body for the life of the world. *Courtesy Loyola Press*

This Weekend: This weekend, we welcome Fr Eugene Lughah, of the Missionary Society of St. Paul of Nigeria, who will be staying in the parish speaking of the work of his mission. The Missionary Society of St. Paul of Nigeria, guided by the Spirit, is present in ten African countries, in four European countries, in two countries of the Caribbean Islands, in Canada, and in the United States of America, spreading the good news of God's salvation through parish ministry, social justice, hospital chaplaincies, schools, and spiritual formation. You will hear more of this next weekend when an appeal will be made at all Masses for the work of the mission. You can contribute to the appeal on-line using the Missionary Society of St Paul donation page – just scan the QR code to take you directly to it or follow the link on the parish web site. 

Alpha Course: There will be another Alpha course starting 23rd October – a lunch time session to be held at St Mary Magdalen church and an evening session to be held at St Mark's church. Christian rather than Catholic, at each Alpha session, you'll be hosted in a small group and watch an episode on a different question of faith - then you have a chance to share your thoughts and hear what others think. You can say anything you like, or nothing at all. Everyone's welcome. You're invited to attend, no matter your background or beliefs. It's free and there's no pressure to come back. Please do consider signing up for the next course, or if you would like to help organise and run the next course, please let Fr Paul or Fr Luke know.

Fr John Barnes: Fr John Barnes, parish priest at St Felix church in Felixstowe for the past 10 years, is shortly retiring after more than 50 years as a clergyman, initially as an Anglican before converting to Catholicism 30 years ago. This week the Bishop announced a number of clergy moves effective September, one of which was to appoint Fr Michael Smith, currently assistant priest at the Cathedral Church of St John the Baptist in Norwich, as parish priest of St Felix parish. Please pray for Fr John as he begins this new chapter in his life, and also for Fr Michael as he takes up his new ministry in September. Details of the other clerical appointments announced by the bishop can be found on the Diocesan web site – scan the QR code to take you to the article. 

Parish BBQ on Sunday 8th September, there will be a parish BBQ in the garden after 0:00 Mass. All are invited. Put the date in your diary now. The meat will be provided but we are asking people to bring and share salads, sides and deserts. To help with numbers it would be helpful if people could sign up with a rough idea of how many people will be attending. Signup sheet in the porch. There is no ticket needed, but a donation on the day to help towards the parish would be grateful.

The Sick of the Parish: We ask your prayers for Patrick Doran, Leslie Jermy, Jim Spence, Margaret Ward (née Curry) and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.
Amen.*

Our Own Dear Departed: Of your charity, please pray for the repose of the souls of our faithful departed and especially for William Gleeson (1972), Michael Whitbread (2013), John Brant (2002), Giulio Fella (2009) And Claude Turner (2008) whose anniversaries occur about this time.

May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

Houses of Prayer

We are blessed to have three fine Churches serving our two parishes' communities at St Mark's, Holy Family and St Mary Magdalen. Before Mass begins, we are warmly encouraged to be quiet and reflective, reading through the readings, speaking to God and preparing ourselves to celebrate the Mass worthily and well. **Please be mindful of each other by keeping a prayerful atmosphere in our churches and with talking kept to bare minimum during this time to allow each other to pray.**

Remember that the Jesus is present in the Tabernacle and whilst we remain in His presence, we are reminded to conduct ourselves with due reverence.

Thank you